



COLUMBIA UNIVERSITY

*College of Physicians
and Surgeons*



**The Women's Sexual
Health FoundationSM**
www.twshf.org

Female Sexual Dysfunction and Health 2006

Saturday, April 22, 2006





Course Director

Ridwan Shabsigh, M.D., *Associate Professor of Urology*, Columbia University College of Physicians & Surgeons; *Director*, New York Center for Human Sexuality, New York, New York

Guest Faculty

David M. Ferguson, Ph.D., M.D., *Clinical Research Services Consulting*, Grand Marais, Minnesota

Andre T. Guay, M.D., *Clinical Assistant Professor of Medicine (Endocrinology)*, Harvard Medical School; *Director*, Center For Sexual Function/Endocrinology Lahey Clinic Medical Center, Peabody, Massachusetts

Lisa Martinez, R.N., J.D., *Executive Director*, The Women's Sexual Health Foundation, Cincinnati, Ohio

Michael A. Perelman, Ph.D., *Co-Director*, Human Sexuality Program; *Clinical Associate Professor of Psychiatry, Reproductive Medicine and Urology*, New York Weill Cornell University Medical Center; *Senior Consulting Sex Therapist*, New York Center for Human Sexuality, New York, New York

Columbia University Medical Center Faculty & New York-Presbyterian Hospital Staff

Hilda Hutcherson, M.D., *Assistant Professor of Obstetrics and Gynecology*

Michelle P. Warren, M.D., *Wyeth Professor of Womens Health; Professor of Medicine and Obstetrics & Gynecology*





April 22, 2006

- 7:00 a.m. *Registration; Continental Breakfast*
- 8:00 a.m. Opening Remarks
Ridwan Shabsigh, M.D.
- 8:05 a.m. Resources for Your Patient with Female Sexual
Dysfunction: Print, Video and the Internet
Lisa Martinez, R.N., J.D.
- 8:20 a.m. Definitions and Classifications of
Female Sexual Dysfunctions
and Their Applicability and Limitations in
Clinical Practice
Ridwan Shabsigh, M.D.
- 8:35 a.m. The Physical Exam: A Gynecologic Perspective
Hilda Hutcherson, M.D.
- 9:20 a.m. Panel Discussion
- 9:35 a.m. *Refreshment Break*
- 9:50 a.m. Hormonal Evaluation, Menopause and
Sexual Dysfunction
Michelle P. Warren, M.D.
- 10:30 a.m. Case Study: Urologic Perspective of
Female Sexual Dysfunction -Interactive
Ridwan Shabsigh, M.D.
- 11:00 a.m. The Physiology of Androgens and Androgen Therapy
Andre T. Guay, M.D.
- 11:45 a.m. Panel Discussion
- 12:00 p.m. *Lunch*
- 1:00 p.m. Management of Psychological Issues in
Female Sexual Dysfunction
Michael A. Perelman, Ph.D.
- 1:40 p.m. Non-hormonal Pharmacological Therapies of
Female Sexual Dysfunction
David M. Ferguson, Ph.D., M.D.
- 2:20 p.m. Panel Discussion
- 2:45 p.m. *Refreshment Break*
- 3:00 p.m. How to Set Up a Female Sexual Health Clinic:
Logistics and Operations
Ridwan Shabsigh, M.D.
- 3:15 p.m. How to Set Up a Female Sexual Health Clinic:
Academic Affiliation and Multidisciplinary Networking
Michael A. Perelman, Ph.D.
- 3:30 p.m. How to Set Up a Female Sexual Health Clinic:
Diagnostics and Laboratory Issues
Andre T. Guay, M.D.
- 3:45 p.m. Panel discussion:
Setting Up a Female Sexual Health Clinic
- 4:15 p.m. Q & A
- 4:30 p.m. *Adjourn*

Program Description & Objectives

Female sexual dysfunction is experiencing fast developments in all areas including diagnosis, measurement, epidemiology, and treatment. However, only a minority of women suffering from sexual dysfunction receive diagnosis and treatment. The area of pharmacotherapy is undergoing revolutionary progress with the development of new therapies. There is a great need to bring high quality education and information to health care professionals caring for women with sexual dysfunction.

The target audience is primary care physicians, pharmacists, urologists, psychiatrists, psychologists, gynecologists, nurse practitioners, nurses, sex therapists and other health care professionals interested in female sexual dysfunction. This seminar will present up to date information on female sexual dysfunction. The information will cover all related fields of anatomy, physiology, epidemiology, pathophysiology, diagnosis, measurement and treatment. The participants are expected to acquire knowledge and skills for the evaluation and treatment of women with sexual dysfunction.

Additional Information

Contact: Center for Continuing Medical Education
Columbia University College of Physicians & Surgeons
630 West 168th Street, Unit 39
New York, NY 10032
Telephone: (212) 305-3334
Fax: (212) 781-6047
e-mail: cme@columbia.edu
<http://columbiacme.org>

Acknowledgements

This course is supported by generous, unrestricted educational grants from:

**Procter & Gamble
Zestra Laboratories
Vivus
Palatin
The Women's Sexual Health Foundation**

Hotel Accommodations

A block of rooms has been reserved at the Lucerne Hotel, at a special rate of \$185 per night, plus state & local taxes. These special room rates are available to the course attendees from April 21-23, 2006. Other rates and conditions may apply. Additional information can be obtained by calling the Lucerne directly. Reservations should be made directly with the Lucerne by calling (800) 492-8122. To receive these room rates remember to mention that you are a registrant of the Columbia University Group #222375. Rooms will be held until March 7, 2006 or until the room block has been exhausted, whichever comes first. Reservations received after the cut-off date are subject to availability and prevailing rates. Early reservations are encouraged.

The Lucerne

201 West 79th Street
New York, New York 10024

(800) 492-8122
(212) 875-1000

Cut-Off: March 7, 2006

Meeting Location

Hammer Health Sciences Building
Columbia University Medical Center
701 West 168th Street, Room 401
New York, New York 10032

Discounted parking is available at the Columbia University Medical Center parking lot, located on the southwest corner of Fort Washington Avenue and West 165th Street

Accreditation/Designation of Credit

The College of Physicians and Surgeons of Columbia University is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The College of Physicians and Surgeons designates this educational activity for a maximum of **7.0 category 1 credits** toward the AMA Physician's Recognition Award. Each physician should claim only those credits that he/she actually spent in the activity.

The American College of Nurse Practitioners (ACNP) and the American Academy of Physician Assistants (AAPA) accept AMA/PRA category 1 credit from organizations accredited by the ACCME.

The American Nurses Credentialing Center (ANCC) accepts AMA/PRA category 1 credit toward recertification requirements.



This program is accredited for 7 contact hours or 0.7 CEUs of continuing education credit. The ACPE Program Number is 170-999-06-001-L04. The Pharmacists Society of the State of New York is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

Application for CE's from the American Association of Sex Educators, Counselors and Therapists (AASECT) has been submitted.

A request for ACOG cognates has been submitted to the American College of Obstetricians & Gynecologists.

Disclosure

Before the program, all faculty will disclose the existence of any financial interest and/or other relationship(s) (e.g. employee, consultant, speaker's bureau, grant recipient, research support, stock ownership or any other special relationship) they might have with a) the manufacturer(s) of any commercial product(s) to be discussed during their presentation and/or b) any commercial contributor to this activity. When unlabeled uses are discussed, these will also be indicated.

Tuition

Tuition: \$150; Fellows & Residents: Free (with a letter from program director certifying status). The fee includes the academic presentations, continental breakfast, lunch, refreshments and a course syllabus. Confirmation of registration and directions to the medical center will be sent upon receipt of the registration form.

Refund of registration fee, less a \$15 administrative charge, will be made if written notice of cancellation is received by **April 12, 2006**. No refunds can be made thereafter.

Registration

Space is Limited. Early Registration is Encouraged.

By Mail:

Complete the registration form and mail with full payment to:

**Columbia University
College of Physicians & Surgeons
Center for Continuing Medical Education
630 West 168th Street, Unit 39
New York, NY 10032**

By Fax:

Registrants may fax the registration form with credit card information to:

(212) 781-6047

On-Line:

<http://columbiacme.org>

Telephone registrations and/or cancellations are not accepted.

Americans with Disabilities Act

The Columbia University College of Physicians and Surgeons fully complies with the legal requirements of the ADA and the rules and regulations thereof. Any participant with special needs must submit a written request to our office at least one month prior to the course date.

Registration Form

COLUMBIA UNIVERSITY

Female Sexual Dysfunction

(Please print or type)

Last Name

Degree

First Name

Middle Initial

Address

City

State

Zip

Daytime Phone

Daytime Fax

e-mail

Institution

Specialty/Area of Interest

PARKING

I will

I will not

require parking

- \$150 Tuition Urology PM 16
 Free Fellows & Residents (with a letter from program director) April 22, 2006
10863/7.0

- Enclosed is a check or money order made payable to
Columbia University.
Checks must be in U.S. Dollars drawn on a U.S. bank.
Money orders must be in U.S. Dollars.

- Please charge to: MasterCard Visa

Exp. Date _____

Card Number _____

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presented by
Columbia University
College of Physicians & Surgeons
Department of Urology
and the
Women's Sexual Health Foundation