

Reclaiming Healthy Intimacy, Passion and Pleasure

*Alfred Lerner Hall, New York City
Friday October 5, 2007*

*An opportunity for women to
discover solutions for life changing
events impacting healthy intimacy.*

We are extremely grateful to our supporters.

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The Women's Sexual Health Foundation

Agenda

9:00am – 10:00am	Registration and Hot Breakfast with Faculty
10:00am – 10:15am	Welcome & Opening Remarks <i>Hilda Hutcherson, MD and Lisa Martinez, RN/JD</i>
10:15am – 10:45am	Body and Soul: Reclaiming and embracing your sexual self <i>Hilda Hutcherson, MD</i> <i>Clinical Professor of Obstetrics and Gynecology</i> <i>Columbia University College of Physicians and Surgeons</i>
10:45am – 11:15am	Woman to Woman: Taking charge of your sexual health <i>Lisa Martinez RN/JD</i> <i>Founder and Executive Director</i> <i>The Women's Sexual Health Foundation (TWSHF)</i>
11:15am – 11:30am	BREAK
11:30am – 12:00pm	The Desire for Desire: Women and Sex <i>Sandra Leiblum, PhD</i> <i>Professor of Psychiatry and Obstetrics/Gynecology</i> <i>UMDNJ-Robert Wood Johnson Medical School</i>
12:00pm – 12:30pm	The G Spot and Beyond: Research concerning women's sexuality <i>Beverly Whipple, PhD, RN, FAAN</i> <i>Professor Emerita, Rutgers University</i>
12:30pm – 1:00pm	Q & A (Index cards with your confidential questions will be collected and answered at this time)
1:00pm	Adjourn

Description and Educational Objectives

Target audience is women interested in learning more about taking charge of their sexual health and health care professionals interested in sexual well-being and female sexual dysfunction. This seminar will present up to date information on female sexual dysfunction and basic sexual health concerns from a multidisciplinary perspective. The information will cover related fields of anatomy, physiology, diagnosis, and treatment, as well as discussions of menopause, and medical conditions such as cancer, diabetes, medications, gynecological and urologic problems that might affect sexual functioning.

The seminar will include lectures and a question-and-answer session.

After the program, participants will have:

- An increased understanding of anatomy, physiology, diagnosis, and treatment of female sexual dysfunction and sexual health problems.
- An improved ability to discuss sexual health concerns with their physicians.
- A better understanding of the various medical conditions and life changing events that may impact their sexual health and intimacy.

Speakers

LISA MARTINEZ, RN/JD

Lisa Martinez is Founder and Executive Director of The Women's Sexual Health Foundation (TWSHF). As a registered nurse and an attorney, she leads the foundation in providing accurate and up-to-date resources on sexual health for women and healthcare professionals. TWSHF's primary mission is to educate the public and healthcare providers on how medical conditions including diabetes, cancer, medications, pelvic surgery, and physical disabilities may impact a woman's sexual health.

Ms. Martinez has written several educational brochures, consulted with healthcare institutions, and has been published in various professional journals, including *The Female Patient and Nursing For Women's Health*. She has appeared on CBS News LA and ABC's 20/20, and has been interviewed on various NPR programs.

Ms. Martinez is a member of the International Society for Sexual Medicine, the International Society for the Study of Women's Sexual Health and the American Association of Sex Educators, Counselors, and Therapists, where she also co-chairs the Bylaws Committee. She currently serves as a scientific and clinical advisor to The Alexander Foundation, and as a reviewer for the Association of Women's Health, Obstetric and Neonatal Nurses journal *Lifelines*.

Lisa Martinez may be contacted at LMartinez@twshf.org. For more information about TWSHF, go to www.TWSHF.org.

HILDA HUTCHERSON, MD

Dr. Hilda Hutcherson received her undergraduate degree from Stanford University, and graduated with honors in Human Biology. She graduated from Harvard Medical School.

She is presently Clinical Professor of Obstetrics and Gynecology and Associate Dean for Diversity and Minority Affairs at Columbia University Medical Center. Her devotion to women's empowerment and education is further supported by her monthly sexual health columns in *Essence* and *Glamour* magazines. She is frequently quoted in *Heart and Soul*, *Cosmopolitan*, *Upscale*, *Allure* and *Marie Claire* magazines, among others. She has appeared on Oprah, Montel, 20/20, Today, Good Morning America, the Early Show, ABC Nightly News, and numerous television programs.

Dr. Hutcherson is the author of three books: *Having Your Baby: A guide for African American Women*, *What Your Mother Never Told You About Sex and Pleasure: A Woman's Guide to Getting the Sex You Want, Need and Deserve*, and is included in the Best Doctors in America 2005-2006 database. For more information, visit our website www.columbiaobgyn.org

SANDRA R. LEIBLUM, PhD

Sandra R. Leiblum, PhD is a professor of psychiatry and obstetrics/gynecology at UMDNJ-Robert Wood Johnson Medical School, Piscataway, NJ. She is the director of the Center for Sexual and Relationship Health as well as director of the Internship Program in Psychology. She completed her PhD at the University of Illinois, Urbana-Champaign as well as a post-doctoral fellowship at the University of Colorado Medical Center.

Dr. Leiblum is an active researcher in the field of sexuality and has published over 130 articles and has edited or authored 11 books. Among her major works are *Principles and Practice of Sex Therapy* (1st, 2nd, 3rd and 4th Edition, Guilford, 1980, 1989, 2000, 2006), *Sexual Desire Disorders* (Guilford, 1989), *Case Studies in Sex Therapy* (Guilford 1989), and *Erectile Dysfunction: Assessment and Treatment* (Guilford, 1985). With Judith Sachs, she has written a popular book on female sexuality entitled *Getting the Sex You Want: A Woman's Guide to Becoming Proud, Passionate and Pleased in Bed* (Crowne, 2002). Her edited book, *Principles and Practice of Sex Therapy*, is recognized as the gold standard for clinicians interested in learning about and practicing sexual therapy.

Dr. Leiblum may be contacted at leiblum@umdnj.edu; her center website may be found at <http://csr.org>.

BEVERLY WHIPPLE, PhD, RN, FAAN

Dr. Beverly Whipple, a certified sexuality educator, sexuality counselor, and sex researcher, is co-author of the international best seller, *The G Spot and Other Discoveries About Human Sexuality*, which has been translated into 19 languages and was re-published as a Classic 23 years later in 2005. Her other books are *Safe Encounters: How Women Can Say Yes to Pleasure and No to Unsafe Sex*, *Smart Women, Strong Bones, Outwitting Osteoporosis*, and *The Science of Orgasm* (2006, Johns Hopkins Univ. press). Dr. Whipple has appeared on over 250 radio and TV programs and has been featured in many magazines. She has delivered over 600 talks and keynote speeches, and has published over 160 research articles and book chapters. In 1982 and 1983 *The Philadelphia Magazine* named her one of the People to Watch. She is the recipient of many awards, including the Hugo Beigel Research Award for research excellence and the best article published in the *Journal of Sex Research*, the NJ State Nurses' Association Award for Excellence in Research, the Distinguished Scientific Achievement Award, the Public Service Award, and the Kinsey Award from the Society for the Scientific Study of Sexuality (SSSS), and the Professional Standard of Excellence Award from the American Association of Sexuality Educators, Counselors and Therapists (AASECT). She is also a Fellow of the Society for the Scientific Study of Sexuality and a Fellow in the American Academy of Nursing. *The New Scientist* magazine has named her one of the 50 most influential scientists in the world (2006).

Registration and Fee

\$50 –This fee includes tuition and hot breakfast. Confirmation of registration will be sent upon receipt of the registration form and payment.

Telephone registrations and/or cancellations are not accepted.

Refund of registration fee, less a \$15 administrative charge, will be made if written notice of cancellation is received **September 21, 2007**. No refunds can be made thereafter.

By Mail

Check made payable to: **COLUMBIA UNIVERSITY**

Complete the attached registration form and mail together with full payment to:

Columbia University College of Physicians and Surgeons
Department of Surgery External Affairs
400 Kelby Street • 8th Floor
Fort Lee, New Jersey 07024

By Fax

Registrants may fax the registration form with credit card information to 201.346.7011.

Additional Information

Meeting Location

Columbia University/Alfred Lerner Hall
The Boone Arledge Cinema
2920 Broadway (at 115th Street), New York, NY 10027

Directions

Alfred Lerner Hall is located on the campus of Columbia University at 2920 Broadway on 115th Street. Enter the campus gate at Broadway and 115th Street and proceed along the glass wall of Alfred Lerner Hall to campus entrance. Information Desk will direct guests to The Boone Arledge Cinema.

Link to Travel Directions on the Columbia website:
http://www.columbia.edu/about_columbia/directions.html

Neighborhood Parking

In Park Parking – 114th St. between Broadway & Amsterdam Avenue
212.523.1051 • **GGMC** – 112th St. between Broadway & Amsterdam Avenue – 212.865.1754

Public parking, web links and public transportation
www.weparknewyork.com • www.hopstop.com

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Registration Form

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